

# Your patient is interested in adherence packaging to help manage medications. *We can help.*

## What is adherence packaging?

Medication adherence packaging is also known as compliance packaging, blister packs, bubble packaging, and other related names. It includes blister compartments that contain doses of medications. These compartments are organized in a calendar format by time of day, day of the week and/or day of the month. Pharmacies can dispense medications to patients in this packaging, based on their prescribed dosing regimen.



## Why use adherence packaging?

Studies have shown calendarized blister packs:

- Improve patient adherence rates from 61% to as much as 97%<sup>1</sup>.
- Are effective for helping patients manage medications, particularly when prescribed five or more daily medications for chronic conditions, improving quality of life<sup>2</sup>.
- Provide peace of mind to caregivers and healthcare providers that patients have taken medications as prescribed<sup>3</sup>.
- Improve prescription refill rates<sup>4</sup>.

## Types of adherence packaging

- Multi-dose – holds multiple medications per cavity
- Unit-dose – holds one medication per cavity
- Monthly – cavities hold daily doses of medication. One package includes up to 35 days of medication(s)
- Weekly – cavities hold doses for morning, lunch, dinner and bedtime for each day of the week. One package includes 4 weeks of medications.

## How to get started

Jones Healthcare Group offers a wide range adherence packaging with flexibility for patients and pharmacists:

- Designed for filling and sealing efficiency in both **manual filling** and **automated filling** pharmacy environments.
- Focuses on **patient usability** with easy-access medication compartments.
- Includes a range of **eco-friendly** solutions with recyclable bio-based blisters made from sugar waste. These packs produce 47% less greenhouse gas than standard blister packs.
- Provides **customization** opportunities for pharmacies to print contact information and other important refill information for patients.

**Contact us to book a blister pack consultation – we'll show you how we can support your primary care programs to advance patient health.**

<sup>1</sup> <https://jamanetwork.com/journals/jama/fullarticle/204402>  
<sup>2</sup> <https://www.mdpi.com/2226-4787/9/1/11>

<sup>3</sup> <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0262012>  
<sup>4</sup> [https://www.clinicaltherapeutics.com/article/S0149-2918\(11\)00230-X/fulltext](https://www.clinicaltherapeutics.com/article/S0149-2918(11)00230-X/fulltext)